

# LeanMR™

Balanced Nutrition Shake



## WHAT IS IT?

- A protein and fiber rich, low calorie meal replacement shake mix to help speed up weight loss, manage hunger levels and preserve muscle tissue

## WHO IS IT FOR?

- Adults seeking to enhance weight loss, increase protein and fiber intake and support muscle mass using a simple, convenient and nutritious formula



## WHAT ARE THE BENEFITS?

- Promotes weight and body fat loss
- Supports lean muscle tissue
- Supports metabolism and appetite control
- May reduce food cost when replacing one or more daily meals or snacks

## WHAT MAKES THIS PRODUCT UNIQUE?

- Contains less than 200 calories per serving and the highest quality whey protein isolate
- Suited for those who are lactose intolerant with only 1 gram of lactose per serving
- Contains 7 grams of fiber and zero sugars
- Manufactured in a facility in compliance with Good Manufacturing Practices (GMPs) exclusively for dotFIT

